

Faith in Action

May 2011



Gift a Layette Kit

During the June 1-4 session of the Nebraska Annual Conference, kits for the United Methodist Committee on Relief (UMCOR) will be collected on a semi-trailer and shipped to the UMCOR Depot in early June. The depot has an adequate supply of Health Kits on hand so this year the priority will be on collecting Layette Kits. Layette Kits are needed because many women do not have swaddling clothes with which to welcome their child into the world. Layette Kits provide basic supplies for their baby's needs. A Layette Kit should include: 6 cloth diapers (prefolded or plain only, no disposable diapers), 2 shirts (undershirts or onsies), 2 wash cloths (infant size only, no adult wash cloths), 2 gowns or sleepers (a pattern is available at the website mentioned above), 2 diaper pins (must have protective plastic closures, no regular safety pins), 1 sweater or jacket (must open from the front, may be hand knitted, crocheted or sewn, hooded sweatshirts are acceptable), and 2 receiving blankets (30 X 30 or 30 X 32 sizes only, no crib blankets please).

Assembly directions: Lay one of the receiving blankets flat on a table. Set aside the diaper pins and place all remaining items on top of the blanket. Fold the blanket around the items and secure the bundle with the diaper pins.

Important Notes: all items must be new. Do not wash any of the items as they will be considered used. Please remove all packaging. All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, it is important that kits contain only the requested items nothing more. DO NOT include any personal notes, money or additional material in the kits. These things must be painstakingly removed and will delay the shipment.

Collect all kits in a box, and deliver to the UMCOR truck during Annual Conference. Please provide \$1 per kit to assist UMCOR with shipping costs, which can be handled this way: collect all such money, and write and mail a check to Conference Treasurer, with the designation: UMCOR Shipping no. 536.

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Receive your newsletter in **COLOR** via email!

Send your email address to faithumc@kdsi.net.



**CAPITAL FUND
UPDATES Pg. 8**



For you are **receiving** the outcome of your **faith**, the **salvation** of your **souls**.

1 PETER 1:9, NRSV

Happy Birthday

- | | |
|----------------------|----------------------|
| 3 - Marian Wisch | Alyvia Shultz-Ramer |
| Donna Day | 18 - Ralyn Tennant |
| Megan Chandler | 20 - Mandi Vazquez |
| 4 - Dean Carson | 22 - Clarence Wilsey |
| Maxwell Mizner | Darrel Pettit |
| 5 - Penny Buettner | Roger Oliver |
| Janeen Cox | Shauna Brown |
| Sue Anderson | 23 - Rosemary Shafer |
| 9 - Charlotte Wisch | Matt Saner |
| 10 - Mary Helen Samp | 24 - Maxine Ridgeway |
| Chase Divan | Otto Lohrenz |
| 11 - Brenda Oliver | Annette Froid |
| Brad Isaac | 25 - Dan Spellman |
| 14 - Blanca Korb | 27 - Rich Froid |
| Nancy Blume | Ethan Chandler |
| Sam Curtiss | 28 - Art Otto |
| 15 - Elmer Dahl | Torrance Walters |
| Joel Gargan | 29 - Rhonda Kohel |
| 16 - Patty McQueen | 30 - Roger Townsend |
| 17 - Ellen Frederick | 31 - Mike Johnson |

May Anniversaries

4 Fran & Jan Wilson



14 Bill & Alta Crapson



17 Shawn & Nikki Mizner



22 Pat & Jennifer Slack



26 Jack & Janelle Beatty



5 Mike & Sue Lamkin



16 Ron & Janeen Cox



22 Tim & Mindy Lester



23 Roger & Brenda Oliver



29 Jerry & Lois Idt





Nurse's
Notes



Managing Your Emotions to Maximize Your Health

Sports psychologist Dr. Thomas Tutko once remarked "Your emotions affect every cell in your body. Mind and body, mental and physical are intertwined." If you have played any type of sport, you understand the wide range of emotions involved. In the blink of an eye you can go from the anger of a missed shot to the joy of a victory. Athlete or not, you need to have a game plan when it comes to managing your emotions. They play a major part in how you deal with daily life and the people you encounter along the way.

People with healthy emotions understand their feelings and behaviors. They have developed strategies to deal with stressful situations. These people generally have a positive self image, less stress and healthy relationships. On the flip side, people who are not in control of their emotions tend to have strained relationships and greater stress levels.

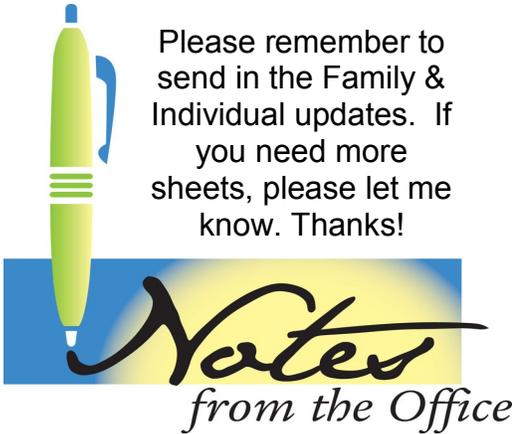
We all have times when our emotional health is out of balance. When that happens, your immune system can become weakened making you more prone to colds and infections. Some type of change, good or bad (birth of a child, death of a loved one, new job, layoff, moving, divorce, illness, etc.) is often to blame. The mind-body connection kicks in, often causing some type of physical symptom including: High blood pressure, Headaches, Chest pain or palpitations,

Change in appetite, Insomnia, Unusual tiredness and Stomach pain.

Your goal should be to learn how to manage your stress to maximize your health and happiness.

Make the following steps part of your game plan:

- ☺ Learn to identify what, or who, is causing the emotions you feel - anger, sadness, anxiety, fear, etc. Once you know the cause, you can work on finding a balance.
- ☺ Find healthy ways to relieve stress. Try some type of meditation or write down your thoughts. Connecting with friends and family can be calming. Exercise is also a great way to release stress. Choose an activity that you enjoy so it won't seem like another chore.
- ☺ Maintain healthy habits. If you want to feel strong emotionally, you must take care of your health. Eat a balanced diet, limit your alcohol intake and get enough sleep.



Please remember to send in the Family & Individual updates. If you need more sheets, please let me know. Thanks!

Notes
from the Office



CONGRATULATIONS!

to
Keegan Thomas Shultz-Ramer
&
Alexander David Thomas Vasquez
on their April 24, 2011 Baptisms!

Card Shower

May 10th is Mary Helen Samp's 80th Birthday!
Please send cards to: 311 W 36th ~ 68845

**Show Kearney your Faith!
Now available!**

Faith UMC vehicle decal stickers. Each decal will be professionally installed (thanks to Rich Chandler!) on your vehicle's window for the low, low price of only \$10!! All proceeds will benefit the 5 youth that are attending the Mission Trip to Chicago. Please help support Madisyn, Zak, Breanna, Jessie and Moriah as they raise funds for their trip!

Our Sympathy To...



Family & Friends of Phyllis Wilsey
March 13, 1935 - April 14, 2011

Finance Committee

If you have signed up for altar flowers, please remember to place your \$10 check in the offering plate or mail it to church. If you can't remember if you have paid or not, check your quarterly giving statement or contact Penny Buettner. We will have the concession stand at the Fair again this summer and need someone to head the committee. Fair dates are August 3-8. Penny did this last year and kept all the information you will need in a folder but will not be able to head the committee this year. If you feel the call to help the church this way, please contact Penny for more information or Sue Divan for the folder of information.



BECAUSE YOU'VE BEEN A PART OF JASON'S LIFE, WE'D LIKE YOU TO SHARE IN OUR CELEBRATION. PLEASE JOIN US FOLLOWING THE CEREMONY AT OUR HOME TO CELEBRATE HIS BIG MILESTONE. WE'LL EAT, VISIT, AND REMINISCE.

SUNDAY, MAY 15, 2011
RECEPTION FROM 3:30 P.M. - 7:00 P.M.
2115 E 32ND ST
JUST LOOK FOR JASON'S FAVORITE COLOR!

Altar Flowers



2011 Dates Still Available include:
August 28
October 9, 30
November 13

Volunteer Opportunities



- ♥ Create worship slides for Sunday worship
- ♥ Youth volunteers for summer youth meetings
- ♥ Back ups for running worship slides on Sunday mornings (training provided!)
- ♥ Sunday School volunteers for summer
- ♥ Singers/musicians for Sunday morning worship



Chancel Choir Practice
Wednesdays
7:00 p.m.

Hobby Sunday

Break until further Notice.



CCF

Summer Break

Community Meal

May 29, 2011
12:00 p.m.



USHERS

THIS MONTH

8:45 AM

11:00 AM

- 1** - Steve & Suzan Christensen & Rick & Jacque Triplett. **Scripture** - Penny Buettner
- 8** - Steve & Suzann Christensen & Tyler & Chase Divan. **Scripture** - Suzann Christensen
- 15** - Darrel Pettit & Pat Bailey & Bill & Alta Crapson. **Scripture** - Holly Valentine
- 22** - Dan, Rachel, Jacob Ashley & Shauna Brown. **Scripture** - Rachel Brown
- 29** - Steve Christensen & Rick Triplett. **Scripture** - Roberta Nansel

- 1** - Peter Rishel Family
Scripture - Brooke Rishel
- 8** - Carolyn Forney & Sue Anderson
Scripture - Carolyn Forney
- 15** - Mike & Sue Lamkin.
Scripture - Susan Welsh
- 22** - Tony Miller Family
Scripture - To Be Determined
- 29** - To Be Determined
Scripture - To Be Determined

May Youth Group Schedule

Wednesday nights 6:30 p.m. - 8:30 p.m.

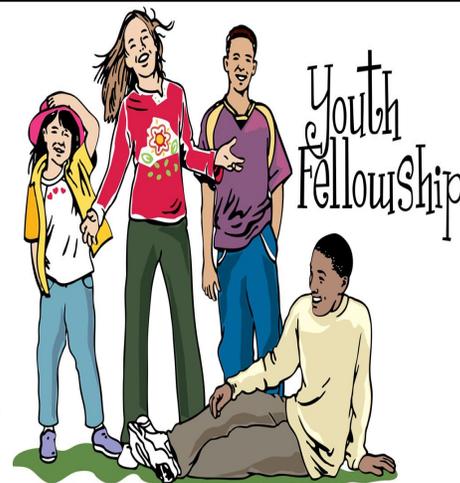
Wednesday, May 4 ~ Bowling

Wednesday, May 11 ~ Meet @ Church

Wednesday, May 18 ~ Picnic @ Doug & Deb Jesch's

Wednesday, May 25 ~ No Youth Group

Youth will be on break until June 15, 2011. Pray for those who are going on the Mission Trip in May and who will be going to the Youth Annual Conference the first week in June.



CAPITAL FUND: CONTRIBUTIONS

In memory of Margaret Daggett: *Larry & Roberta Nansel.*

In memory of Marian McPherrin: *Merland & Barbara Clark.*

In memory of Don & Leila Roker and Barney Armitage and in honor of Thelma Armitage: *Dr. James and Mrs. Nancy Armitage.*

In memory of Marlys Bauer's sister: *Rich & Annette Froid.*

In memory of Jackie Meester: *Lamoine Meester.*

In memory of Leora Henrickson: *Don Hendrickson.*

In memory of Monty Cope: *David & Lynda Henderson.*

In memory of Nancy Kay Olmsted: *Bob & Corinne Olmsted.*

In honor of Dayla Rhodus: *Mary Helen Samp.*

In honor of Carolyn Forney: *John & Sue Divan and Esther Pemberton.*

In honor of parents, Dick & Dee Daake: *Steve & Nancy Zwink.*

In honor of Zachary Vasquez upon his birthday: *Tom Shultz.*

In honor of the Greeters and Ushers: *Larry & Roberta Nansel.*

In honor of Otto Lohrenz: *Rick & Jacque Triplett and anonymous.*

In honor and appreciation of daughters, Kathy Habben, Karen Olmsted, and Barbara Runge: *Bob & Corinne Olmsted.*

In honor of the anonymous donor: *Norma Isaac.*

In honor of Bob Eberhard: *Rich & Annette Froid.*

In honor of Men of Faith: *Ed & Rhonda Kohel, Dick & Kathy Larson, Michael & Roene Fox, Kim Kohel, Doug & Deb. Jesch, and Darlene Triplett.*

In honor and appreciation of the Fox Family and Doug & Deb Jesch: *Dan & Zeanna Odens.*

In honor and appreciation of Thelma Armitage and Marian Wisch: *Jack & Janelle Beatty.*

In honor and appreciation of Chris Lyons, the first service pianist: *Art & Millie Otto.*

In honor of Roger Wisch: *Keith & Marie Danburg, David & Carolyn Forney, Rich & Annette Froid, Dan & Zeanna Odens, Bob & Corinne Olmsted, Barb Saum, Fran & Jan Wilson, Steve & Suzann Christensen, Thelma Wise, John & Sue Divan, Darlene Cerny, Art & Millie Otto, Mary Helen Samp, Rick & Jacque Triplett, Bob & Phyllis Bennett, Donnie & Peggy Mak, Phillip & Pat Hilty, Terrence & Sara Holoubeck, Dayla Rhodus, Bill & Alta Crapson, Larry & Roberta Nansel, Ed & Rhonda Kohel*

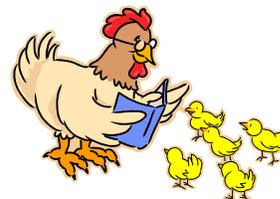
Contributions without designee: *Barb Saum, Otto & Elma Lohrenz, Esther Pemberton, Ryan Findley, Jerry & Lois Idt, La Vaughn Brown, Bonny Ball, Virginia Christian, Merlin & Esther Burgland, Forrest & Tanya Holoubeck, Kent & Tari Maaske, Jane Samp, Lee Slater, David & Carolyn Forney, Gary & Marci Jo Lambert, Donnie & Peggy Mak, Robb & Lee Carter, Steve & Suzann Christensen, Bill & Alta Crapson, Robert & Sherry Krell, Rod & Amy Bear, Gordon Morrow, Larry D. & Sherri Peterson, Marian Wisch, Clarence Cafferty, Revs. Greg & Michelle Reed, Eileen Anderson, Darlene Triplett, Dayla Rhodus, Darlene Cerny, Faith United Methodist Women's Mission Group, Men of Faith, and James & Regan Jennings.*



Church Yard Sale Saturday May 21, 2011

Proceeds go to the Capital Fund Endowment Campaign. No item too large or too small to be donated for the Church Yard Sale! Accepting any and all objects for the sale: merchandise, hardware, furniture, clothing, kitchen items, toys, art works, vehicles, tools, etc. If you need items picked up, please call Karen McBride at 233-5539. Also, no volunteer turned away from helping with the Yard Sale! Please contact Marie Danburg at 236-9057 to help before, during, or after the sale.

Mother's Day Coffee & Muffins May 8, 2011 9:45 - 10:45 am



Join us in celebration of all the mothers in our lives.

Youth Mission Trip Pizza Hut Benefit Buffet Tuesday, May 10 ~ 5:30 to 7:00 p.m.



Pizza Hut (1412 2nd Ave) will donate 15% of all sales during that time to the Youth Mission Trip fund! Bring family and friends, neighbors and relatives! Youth will be your "Celebrity Servers" and will accept tips also towards the Mission Trip Fund. Thanks for your support!

Upcoming Events!



Keep an eye out for more information on these future events...

Friday June 3, 2011: National Donut Day
9:00 AM @ Delight Donuts

Sunday June 12, 2011: Church BBQ
6:00 PM @ Jesch's

Sunday June 19, 2011: Father's Day
Coffee & Muffins
9:45 AM in the Overflow Room

Capital Fund Hobby Crop



Crop is open to anyone with a hobby of any kind. This includes both men and women. Registration is \$25 and includes Friday snacks, Saturday lunch, snacks, water and pop. If you can attend, please let Sue, 236-6530, know as soon as possible.



Adult Sunday School Class



Sundays at 9:45 a.m.

Wake Up: Be aware, open, ready to receive

Show Up: Discipline yourself to be there

Shake Up: Be willing to have your inner viewpoint rearranged

Start Up: Get moving. Take your relationship with God into your world. Let it make a difference in the way you live.

Bring your coffee cup and discover how it is a symbol of our inner journey with God.

Thank you to all of you who have returned the family updates! It has been great to see such an incredible response! Current records help keep us all together.

Thanks again!

Thank You

Dear friends at Faith UMC, I want to thank each of you who helped make my 90th birthday a special day. I read each greeting with pleasure. Old friends truly are the very best.

In Christian love,
Thelma A. Armitage



To the Members of Faith:
Thank you so much for covering me with your prayers with the beautiful Prayer Again. When Marci Jo delivered it along with her homemade bread, I felt the love and prayers from your church. Thank you for your continued thoughts, prayers and concerns.
Kathy Morrow



CAPITAL FUND: QUARTERLY REPORT

Balance December 31, 2010	\$ 175,667.56
Deposits	2516.00
Income of Dividends	2026.40
Capital Losses	- 272.79
Increase in Market Value	2892.49
Balance March 31, 2011	\$ 182,829.66

As you can see our Fund did well the first quarter, which was one of the best quarters in recent history. The second quarter report in early July should reflect the money collected during our present fund raising efforts.
Otto Lohrenz, Chairman, The Capital Fund

CAPITAL FUND: UPDATE

On Sunday April 24, 2011 there were 25 checks for the Capital Fund which added up to \$ 1649.55.

Our total now is \$ 29,544.73 which is 59% of our goal. Thus we need a little more than \$ 20,000 before May 31.

Thank you very much for your support. I trust many more checks will be found in the offering plates in the next five Sundays. A few large checks would especially be helpful.

Otto Lohrenz, Chairman, The Capital Fund



May Honoree



As we know, one member of our church has pledged to match, dollar for dollar, the money we raise for the Capital Fund until May 31, 2011. That is a very generous and unusual offer. Of course we appreciate it tremendously and we can register our appreciation by honoring her/him with a contribution to the Fund in the month of May. We have a once-in-a-lifetime opportunity and we can not afford to forfeit it by leaving money on the table. If we all pitch in we can reach our goal of \$ 50,000. we are over the half way mark already.

~ The Capital Fund Committee ~



Faith UMC Family Spotlight



Mary Helen (Wright) Samp married Dallas Samp at the First Presbyterian Church of Kearney on June 7, 1953. Dallas passed in 2008 after several years of illness. This marriage was blessed with three children; two of which passed away in infancy.

The third, Jayne, now lives in Omaha with her two daughters Melinda and Allie. Melinda will attend Creighton University next year and Allie will attend Merci High School.

Mary Helen transferred her membership to Faith UMC in 1974 and has served on several committees. Presently she is serving on the Administrative Council, teaches Women's Bible Fellowship and participates in the Sunday Breakfast Club.

Mary Helen taught school for 30 years, 25 of which were within the Kearney Public School System.

She especially enjoys reading, crossword puzzles, all kinds of cards, knitting and playing Frisbee with her Schnauzer Friti.

Mary Helen Samp

Marlys was born and raised in Sumner, NE. She is the widow of Larry E. Bauer (he deceased in 1993). They were childhood sweethearts and married in 1947 in Sumner, NE. Larry was a school educator in Dunning, Kearney and the Nebraska Department of Education. Their daughter, Marci VanVleet, lives in St. Louis, MO and is retired from the airlines. Their son Randy lives in Kearney, NE and works as a photographer.

Larry & Marlys have one grandson: Jason VanVleet, who lives in Colorado and is in video production; two granddaughters: Loree Stripling of Washington has just received her degree in Criminal Justice and Crystal Bauer of Lincoln who is in charge of the kitchen/meals at the UNL Day Care Center. They have three great grandsons: Jack and Josh of Colorado and Emmett of Lincoln.

Marlys's past employment was with the Kearney Visitors Bureau and Holiday Inn Gift Shop.

Her hobby is an angel collection and she enjoys walking.

Larry and Marlys joined the church in 1949 when it was across the street from Bryant school and have been members every since. They have helped in many areas of OUR church.



Marlys Bauer



Faith UMC Family Spotlight



Penny was born in Frankfurt Germany while her father was serving in the US Army. Penny was raised in Williamsburg, NE, a community 8 miles southwest of Elm Creek. She attended R-3 elementary school, Elm Creek High and Kearney State College. In 1973 she took a summer job as a "girl Friday" at a cattle feed lot where she learned bookkeeping & accounting. In 1976 Penny moved to WA and worked in bookkeeping jobs at an alfalfa pellet mill, an auto shop and the American Red Cross. She became a library aide for the next 23 years and directed the choir at Pasco 1st UMC for 18 years while continuing to do bookkeeping from her home for many businesses. Penny married in 1974 and divorced after 22 years of marriage. She has 3 children. Her two oldest boys, David 32, and TJ (Timothy James) 30, were born with multiple physical and mental handicaps. Both boys currently reside in a cottage at the Lakeland Village School at Medical Lake, WA. In 1983 Penny and her husband adopted a 3rd child, Jonathan, now 28 years old. He owns and operates his own training studio and is married. In 2006 Penny moved back to Elm Creek where she is the care giver for her parents and took over the bookkeeping duties for Marshall Ranch, Inc. & Jeff Marshall Auction Co. Penny's first love is music and singing, followed closely by landscaping, antique shopping and reading. Penny sings with the Praise Band & Choir, serves on the Finance Committee, Worship Comm., is the Financial Secretary and will be the Lay Member Representative at Annual Conference. She also serves as treasurer on the Elm Creek School Foundation Board.

Penny Buettner

Robb and Lee Carter were married on July 13th, 1985. They have 2 children Jason and Ashley. Jason, age 21, a Business Major at UNO is an avid ice and inline hockey player and goalie. Ashley, age 20, currently attends UNO but has been accepted into the Nursing Program at Nebraska Methodist College in Omaha for the fall. Their "furry child" Jade, an 11 yr old Yorkipoo, helps fill the empty nest.



Robb is the manager of RadioShack and celebrated 25 yrs with them last September. Lee works for the Kearney Family YMCA as the Business Manager. They love spending their spare time together cooking, fishing, going to hockey games, watching Husker football, and even shopping.

The Carter's were members of Faith in the late 80's before moving to Grand Island in 1990 and have been back in Kearney since 2002. Both kids were baptized by Rev. Cole Fowler at Faith UMC.

Robb & Lee Carter